



St Mary and St Joseph's RC Primary School
RSE & Health Education Map

| | | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
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| Relationships | Feelings and Emotions | <p>To Learn: about a wide range of feelings</p> <p>about special people in their lives</p> <p>about different types of behaviour</p> <p>about what fair and unfair means</p> <p>about what kind and unkind means</p> <p>about right and wrong</p> <p>about how peoples bodies and feelings can be hurt(Paws claws and whiskers)</p> | <p>To Learn: about a wide range of feelings and how to manage them</p> <p>about how to be sensitive to the feelings of others</p> <p>about how different types of behaviour affects others</p> <p>about how special people make a difference to our lives</p> <p>how people's bodies and feelings can be hurt (The Scented Garden)</p> | <p>To Learn: About different kinds of feelings</p> <p>About the concept of keeping something confidential or secret</p> <p>About when they should or should not agree to keeping a secret</p> <p>How to recognise and manage dares (Urban Pioneers)</p> | <p>To Learn: About appropriate responses to a wider range of feelings in others</p> <p>About the concept of keeping something confidential or secret</p> <p>How to recognise and manage dares (Burps, bottoms and Road Trip USA)</p> | <p>To Learn: How to respond appropriately to a wider range of feelings in others</p> <p>About keeping things confidential or secret</p> <p>About when they should or should not agree to keeping a secret</p> <p>About managing 'dares' (Sow, grow, farm)</p> | <p>To Learn: How to respond appropriately to a wider range of feelings in others</p> <p>About keeping things confidential or secret</p> <p>About managing 'dares' (Blood Heart and Hola Mexico)</p> |

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| | Healthy Relationships | <p>To Learn: about the difference between a secret and a surprise</p> <p>about listening to others and playing cooperatively</p> <p>about what it means to give support and feedback to others</p> <p>about listening to others and playing cooperatively</p> <p>about what it means to give support and feedback to others</p> <p>about appropriate and inappropriate touch about when things don't go well with friends and other children</p> <p>about types of teasing and bullying and why they are wrong and unacceptable how to deal with teasing and bullying (Splendid Skies, Moon Zoom)</p> | <p>To Learn: about the importance of not keeping adults' secrets, only surprises</p> <p>about the importance of respect for differences and similarities between people</p> <p>communication of ideas and views</p> <p>affirming self and others</p> <p>about the importance of listening to other people and find ways to resolve disagreements</p> <p>about ways in which constructive support and feedback can help others and themselves</p> <p>about appropriate and inappropriate touch</p> <p>about ways to resist teasing and bullying how coping strategies can be used (The Scented Garden, Movers and Shakers)</p> | <p>To Learn: About how to develop and maintain healthy relationships</p> <p>About personal space and how this can make them feel comfortable or uncomfortable</p> <p>To respect other people's personal space and begin to recognise when they feel comfortable or uncomfortable</p> <p>About working collaboratively</p> <p>How our actions can affect ourselves and others</p> <p>About solving disputes and conflict through negotiation and appropriate compromise</p> <p>About stereotypes (Mighty Metals, Through the Ages)</p> | <p>To Learn: How to develop and maintain positive, healthy relationships</p> <p>About acceptable and unacceptable physical contact</p> <p>How to respond to unacceptable physical contact (Misty Mountain)</p> <p>How to work collaboratively towards shared goals</p> <p>How our actions can affect ourselves and others</p> <p>About solving disputes and conflict through negotiation and appropriate compromise</p> <p>About different types of relationships (Burps, bottoms, bile)</p> | <p>To Learn: About what constitutes a positive, healthy relationship</p> <p>About how our actions can affect ourselves and others</p> <p>About different types of relationships (friends, families, couples, marriage, civil partnership)</p> <p>About acceptable/unacceptable physical contact and how to respond (Alchemy Island)</p> <p>About different ways to work collaboratively</p> <p>How to negotiate and compromise (off with her head and sow, grow, farm)</p> | <p>To Learn: About how to develop and maintain healthy relationships</p> <p>About the consequences of our actions on ourselves and others</p> <p>About the difference between acceptable/unacceptable physical contact (Frozen Kingdom)</p> <p>About the importance of shared goals and how this can mean reliance on others</p> <p>Better communication and negotiation skills</p> |
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| | Valuing Difference | <p>To Learn: about sharing opinions and views through peer and class discussion</p> <p>about differences and similarities between people(School days)</p> | <p>To Learn: about what fair and unfair means</p> <p>about the impact of kindness and unkindness on self and others</p> <p>about right and wrong</p> <p>about sharing opinions and explaining personal viewpoints</p> <p>how to take part in a simple class debate (The Scented Garden, Magnificent Monarchs)</p> | <p>To Learn: About different types of relationships</p> <p>About differences and similarities between people</p> <p>About the nature and consequences of hurtful behaviour and bullying</p> <p>How to listen and respond respectfully to a wide range of people</p> <p>About recognising and caring about other people's feelings (Through the Ages)</p> | <p>To Learn: About differences and similarities between people</p> <p>About how to challenge stereotyping</p> <p>About the nature and consequences of hurtful behaviour and bullying</p> <p>About ways in which people may be discriminated against</p> <p>About recognising and caring about other peoples' feelings</p> <p>About respecting the views of others' and knowing when/how to challenge points of view when appropriate</p> | <p>To Learn: About managing and maintaining relationships</p> <p>How to communicate respectfully</p> <p>About differences and similarities between people</p> <p>About challenging stereotypes</p> <p>About discrimination, teasing, bullying and aggressive behaviour and its effect on others (Off with her head and sow, grow, farm)</p> | <p>To Learn: How to challenge stereotypes</p> <p>About different types of relationships including marriage between two people of the same or opposite sex, civil partnerships</p> <p>That they have the right to choose the person that they marry</p> <p>That marriage, arranged marriage and civil partnership is between two people who willingly agree</p> <p>That forced marriage is against the law</p> <p>Who can help if they or someone they know is under threat of forced marriage</p> <p>About managing and maintaining relationships and improving communication and negotiation</p> <p>About differences and similarities between people</p> <p>About discrimination and how we can respond to it (Blood Heart and Hola Mexico)</p> |
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