



## Curriculum Progression Map

### St Mary and St Joseph's RC Primary School PSHE Progression Grid – Year 6



Health & Well Being		
Healthy Lifestyles	Growing & Changing	Keeping Safe
<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>About the positive and negative influences on health and wellbeing</li> <li>How media influences can affect choices</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>About how emotions may be conflicting</li> <li>About the need to listen to their emotions or overcome them</li> <li>About coping with change and how this relates to bereavement and the process of grieving</li> <li>About particular losses that may occur in family settings</li> <li>About different ways of achieving personal goals</li> <li>How having high aspirations can support personal achievements</li> <li>About puberty and body changes</li> <li>How body image is reflected in the media</li> <li>About human reproduction and that pregnancy can be prevented</li> <li>About roles and responsibilities of parents and carers</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>About personal safety</li> <li>About the importance of protecting personal information online</li> <li>About the importance of protecting images of the pupils themselves and others</li> <li>About independence and increased responsibility</li> <li>About risk in different unfamiliar situations</li> <li>About strategies for managing risk and how this can build resilience</li> <li>About different influences on behaviour</li> <li>About peer pressure and media influence</li> <li>About school rules for health and safety</li> <li>About what to do in an emergency</li> <li>About skills needed in an emergency</li> <li>About the effects of legal and illegal substances and drugs (including alcohol and tobacco)</li> <li>About habits in relation to tobacco, alcohol and drug misuse</li> </ul>
Relationships		
Feelings & Emotions	Healthy Relationships	Valuing Difference
<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>How to respond appropriately to a wider range of feelings in others</li> <li>About keeping things confidential or secret</li> <li>About managing 'dares'</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>About how to develop and maintain healthy relationships</li> <li>About the consequences of our actions on ourselves and others</li> <li>About the difference between acceptable/unacceptable physical contact</li> <li>About the importance of shared goals and how this can mean reliance on others</li> <li>Better communication and negotiation skills</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>How to challenge stereotypes</li> <li>About different types of relationships including marriage between two people of the same or opposite sex, civil partnerships</li> <li>That they have the right to choose the person that they marry</li> <li>That marriage, arranged marriage and civil partnership is between two people who willingly agree</li> <li>That forced marriage is against the law</li> <li>Who can help if they or someone they know is under threat of forced marriage</li> <li>About managing and maintaining relationships and improving communication and negotiation</li> </ul>

		<ul style="list-style-type: none"> <li>• About differences and similarities between people</li> <li>• About discrimination and how we can respond to it</li> </ul>
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<b>Living in the wider world</b>		
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<b>Rights &amp; Responsibilities</b>	<b>Taking care of the environment</b>	<b>Money matters</b>
<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>• About topical issues concerning health and wellbeing</li> <li>• How to research and make recommendations on topical issues</li> <li>• About rules and laws</li> <li>• About democracy and the British parliament</li> <li>• That everyone has human rights</li> <li>• About what happens when human rights are not respected</li> <li>• That human rights take precedence over other national laws, family and community practices</li> <li>• that different cultures can have different practices and traditions and that these may be illegal and against a person's human rights</li> <li>• About the consequences of anti-social and aggressive behaviours</li> <li>• About different kinds of responsibilities, rights and duties</li> <li>• How to resolve differences, make decisions and explain choices</li> <li>• About the range of national, regional, religious and ethnic identities in the UK</li> <li>• How the media present information</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>▪ About different kinds of responsibilities, rights and duties</li> <li>• About the varied institutions that support communities locally</li> <li>▪ About the varied institutions that support communities locally</li> <li>▪ About the role of voluntary, community and pressure groups</li> <li>▪ About the lives of people living in other places</li> <li>▪ About the allocation of the earth's resources</li> <li>○ How to resolve difference</li> </ul>	<p><b>To Learn:</b></p> <ul style="list-style-type: none"> <li>• How finance plays an important part in people's lives</li> <li>• About how money is deducted from earnings to provide things that we all need</li> <li>• About enterprise and its importance for work and society</li> </ul>